

Why RTA?

RTA will allow students to begin experiencing adult life activities in the community while having the support of the school system. Students will further develop independent living skills, acquire job skills, and participate in community-based recreational activities.

Eligibility Criteria

- complete high school graduation requirements
- require continued special education services
- be between the ages of 18-21

For more information about
RTA please contact:

Christina Fensore
Special Service Director
Regional School District 14
203-263-0416
cfensore@ctreg14.org

or

Donna Marcinek
Transition Coordinator
203-266-7506 Ext. 5545
dmarcinek@ctreg14.org

Region 14 Transition Academy
92 East Street
Bethlehem, CT 06751

Region 14 Transition Academy



**A community-based
program designed to assist
with transition to adult life.**

Overview of Program

Region 14 Transition Academy is designed to:

- Increase independence
- Improve self-determination/advocacy skills
- Improve social and communication skills
- Provide community work based learning, vocational training and employment opportunities
- Prepare for post-secondary education opportunities
- Provide opportunities for learning and socialization with same age peers
- Increase community access and mobility
- Engage with adult services
- Develop recreation interests

Program Components

Individualized Transition Plans

Each student's program is specifically tailored to his/her individual needs and goals as outlined in the Individualized Educational Plan (IEP).

Vocational/Employment

Students will participate in work-related activities (i.e., job readiness, social skills) that will enhance employability and enhance career options.

Post-Secondary Education

As deemed appropriate and in accordance with an IEP, students will learn how to become a positive self-advocate to participate in post-secondary education and will practice strategies needed for post-secondary education.

Independent Living Skills Development

Staff provides instruction and evaluation of daily living skills to allow for independent functioning in a variety of environments (home, school, work, and community).

Program Components

Integrated Related Services

Each student will receive related services as appropriate based upon their Individualized Educational Plan. The related services team may consist of an occupational therapist, speech-language therapist, physical therapist, counselor and nurse as needed.

Self Determination and Interpersonal Skills

Students will be taught strategies to manage stress and anxiety, mood fluctuation, sadness and/or frustration. Students will learn strategies to improve concentration, self-discipline, and motivation.

Transportation/Mobility within the Community

Students will be provided instruction and problem-solving strategies for using transportation options within the community.

Recreation and Leisure Activities

Students will develop necessary skills to live within the community and utilize recreation/leisure resources while developing the necessary skills to be good citizens.